



Newsletter 5

Newsletter Date
Friday 4th Dec 2020



01323 502525

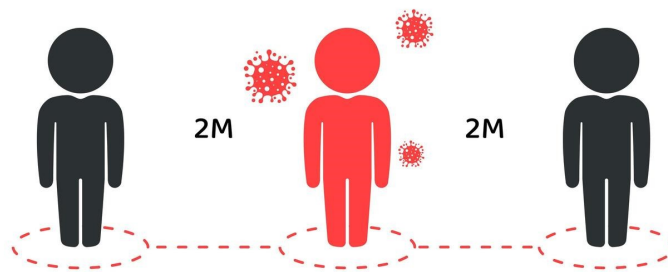
Quality, excellence and passion

heronparkoffice@auroraacademies.org
<http://www.heronparkprimaryacademy.org>

Unfortunately we are having to ask parents/carers again, to respect the rules we have in place. We are trying our utmost to keep your children safe within school and hope you can respect and follow the Government guidelines that are in place and will continue to do so outside of school.

SOCIAL DISTANCING

PLEASE KEEP YOUR DISTANCE



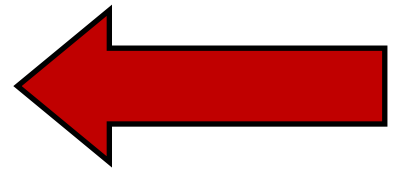
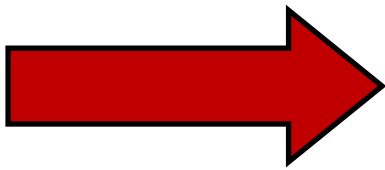
PLEASE refrain from congregating around the school gates at drop off and collection times. This is breaking COVID regulations.

- Parents should drop or collect their child and leave the premises, please do not hang around to wait for friends.
- Teachers are not able to be spoken to at the end of a school day.
-If you need to speak to your child's teacher please phone the school office who can arrange this for you.
- Please refrain from asking friends or those NOT in your household to collect your child.
- ONLY those who are within your household or support bubble can collect your child.
- Please remember to wear a mask when on school grounds and at drop off or collection times.
- Please do NOT drive up the pavement in Port Rd to get past. This is highly dangerous and puts the children at risk. It also damages public ground.
- To report parking issues call - **01273 335500**

We have advised members of the school community to report repeat offenders and we have organised for the parking wardens to conduct random visits before the end of term.

We appreciate it is the minority who are not following guidelines but hope you will help us to keep the children and you safe.

Reminder



when on
school grounds
Thank you

**Reminder - school finishes on
Friday 18th December
at 1:30pm for ALL children**

Diary Dates:

Wednesday 11th December - Vision screening for Year 1 only with school nurses.

Wednesday 16th December - Christmas lunch & Christmas Jumper Day

Friday 18th December - Last day of term two. School finishes at 1:30pm for all children

Monday 4th January - First day of term three

Friday 5th February - INSET DAY

Friday 12th February - Last day of term three

Monday 22nd February - First day of term four

Thursday 1st April - Last day of term four. School finishes at 1:30pm for all children

Friday 2nd April - Bank Holiday

Monday 19th April - First day of term five

Monday 3rd May - Bank Holiday

Friday 28th May - last day of term five

Monday 7th June - First day of term six

Friday 18th June - INSET DAY

Friday 23rd July - Last day of term six. School finishes at 1:30pm for all children

Calendar dates are subject to change, we will endeavour to give parents/carers as much notice as possible.

Thank You!

A huge

to all those who have donated to those who have donated to the Food Bank. Eastbourne Food Bank are very grateful for the support they have received from us and will be creating Christmas food hampers to send out to families who require support. We are still happy to receive donations into classes for those who would like to donate.

Check out our website for Christmas Reading Challenges

<https://www.heronparkprimaryacademy.org/english/>

A great way to encourage reading at home by using an Advent calendar theme!



Also available on the website are Christmas songs that the children are learning in class at the moment. Please check your child's class page. (Year 1-6)



Covid Guidelines

Please note that we follow government guidelines and our school risk assessment carefully. We would not ordinarily inform you when members of the school are displaying symptoms which could be compatible with coronavirus. This is because we take any potential symptoms seriously and we have members of our school community being tested every day. We don't want to bombard you with messages about this as you could be receiving multiple messages daily. However, please be assured that if we were to receive a positive test we would contact you following advice from Public Health England. If anyone were to show symptoms, they would be separated from others and sent home straight away - and directed how to get a test. We are aware that, especially this time of year, coughs and sneezes can occur and we thank you for your support with testing any potential coronavirus symptoms to ensure that we are keeping all members of our community safe.

Government guidance can be found at: <https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-in-the-autumn-term> and the advice for schools can be found at: <https://www.gov.uk/government/publications/actions-for-schools-during-the-coronavirus-outbreak/guidance-for-full-opening-schools>

Christmas lunches have now been ordered. If you haven't placed an order, please bring in a packed lunch on Wednesday 16th December. Thank you

Don't forget to download the Arbor App, you can change personal details, keep up to date with your child's attendance and much more!



Have a great weekend!



National
Online
Safety

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday

Publish date: 07/11/18



1

Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.



Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



2

3

PLAY AGAIN?
YES NO

How does this game/app work?
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.



Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD, FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



4

5

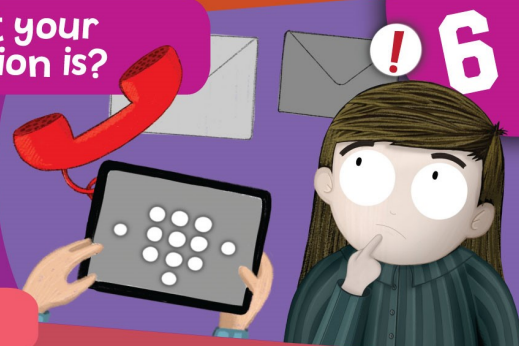
Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.



Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



6

7

Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

