



# Newsletter 18

Newsletter Date  
Friday 17th July 2020



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*Quality, excellence and passion*

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<http://www.heronparkprimaryacademy.org>

# Summer!

The children have made it through a pretty unique year. They should all be very proud of themselves—and also the parents/carers and all members of the school community for how we have all dealt with the strange situation thrust upon us this year. You have all been brilliant!

We are very much looking forward to getting things back to a new normal in September and welcoming ALL the children back into school. In the meantime, have a great summer, make lots of special memories—and we'll look forward to hearing all about your adventures in September!



# Good Luck Year 6!

Today we say goodbye to our wonderful Year 6s. It hasn't been quite the year we had envisaged for them, but they have been absolute troopers. We shall miss them but wish them all the very best on their next adventure! Keep shining as the superstars that you are!

We celebrated our wonderful Year 6 children with a socially distanced lunchtime on the field in their bubbles on Friday. The children were well and truly sent off from Heron Park down a path of staff, clapping and cheering each marvelous pupil. Most made it to the other end before hugging their parents and having a few tears! It was a lovely way to say goodbye and celebrate these super children who we are all very proud of.



Saying goodbye...

## Important news

Due to the Coronavirus, we are unable to send books home at this time. Sorting and handling all the books across this school would be a high risk to staff and yourselves. Over the summer we have extensive building work scheduled to replace the entire heating system meaning we will be unable to store the books safely. As part of the deep cleaning process throughout the school, we have therefore taken the decision to recycle the books. We recognise that this may be disappointing to many of you but we hope you understand the reasons behind the decision we have made.

If your child left their PE kit in school at the start of lockdown it will have been boxed and stored. It is not possible to return these to you at the moment but they will be placed in your child's new classroom in September and will then need a thorough wash when returned. Please be mindful that the clothes and shoes may not fit your child anymore or that their kit may not be complete - in these cases they will require replacements ready for September. We have attached a reminder about our school uniform - including PE kit—below.

**FIRST DAY OF TERM 1 - MONDAY 7TH SEPTEMBER FOR ALL YEARS GROUPS EXCEPT RECEPTION 2020.**

We are expecting all children to be back in school full time from September—subject to national and local government guidance. If there are any changes in the guidelines for September, we will inform all parents before the start of term.

**INSET DAY in term 1 - FRIDAY 2nd OCTOBER**



# Heron Park Primary Academy

Headteacher: Miss Helen Emmett  
Chair of the LAB: Mrs Karen Rolfe

Dallington Road  
Hampden Park  
Eastbourne, BN22 9EE

01323 502525

Dear parents/carers,

Re: Uniform September 2020

As we approach the end of another year many parents may be planning to buy new uniform ready for September. Below is an outline of the School's Uniform.

## Uniform

- Raspberry sweatshirt
- White shirt
- Black trousers, black skirt, black pinafore dress
- Black, grey or white socks or tights
- Black school shoes (no trainers or slip-on shoes)

## PE Uniform (Children must have a change of clothing and footwear for PE)

- Plain black sweatshirt
  - Plain black jogging bottoms
  - Plain black shorts
  - Plain White t-shirt
  - Trainers or black plimsolls
  - Black PE bag with School logo
- No football kits.

I would ask that you support the school in making sure your child is dressed appropriately and ready for the school day. We have picked very simple clothing that can be found in shops and supermarkets locally.

Our sweatshirts, book bags and PE bags can be bought from [www.superstitch86.co.uk](http://www.superstitch86.co.uk)

Yours Sincerely

Miss H. Emmett  
Headteacher

# Balancing screen time

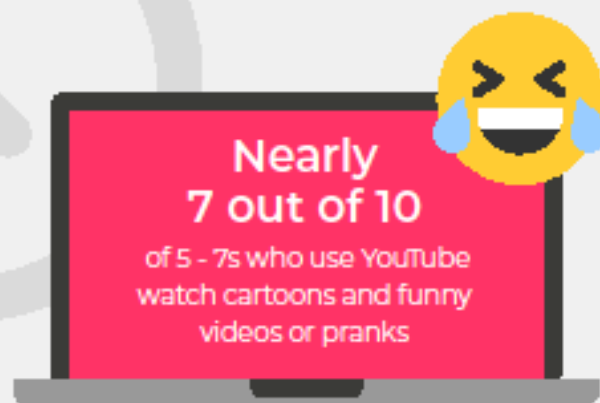
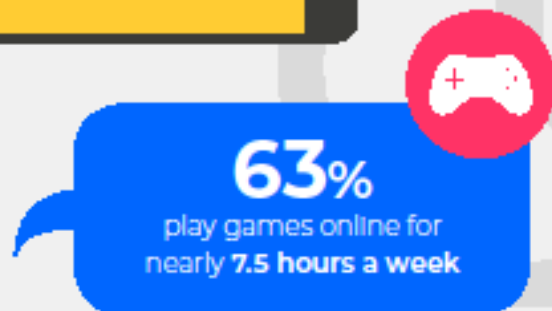
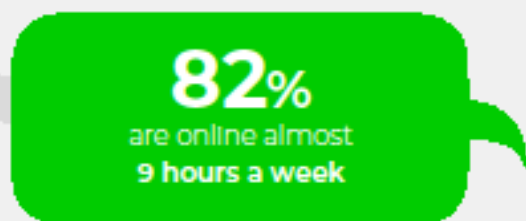
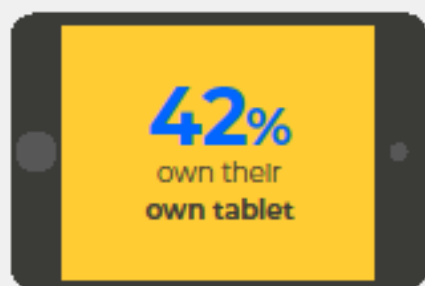
Internet  
matters.org

## Top tips to support children 5-7 (Key stage 1)

As screens become a bigger part of young children's lives at home and at school, it's important to put balance and purpose behind screen time to help them develop key skills and benefit from their screen use. Find tips and advice to help them do just that.



### How are children using screens?



Source: Ofcom Children and Parents Media use and attitudes report 2018

### What do parents say about screen time?

#### Screens are good for creativity

Nearly 7 out of 10 parents believe that using devices gives children another way of being creative for example a child who enjoys dancing, sharing a new routine online with family and friends.

#### Screens can displace family and homework time

Even at this relatively young age, almost 3 out of every 10 parents say screen time means they have to fight for their child's attention and over a quarter (26%) say it has an impact on completing homework.

Source: Internet Matters Look North survey report

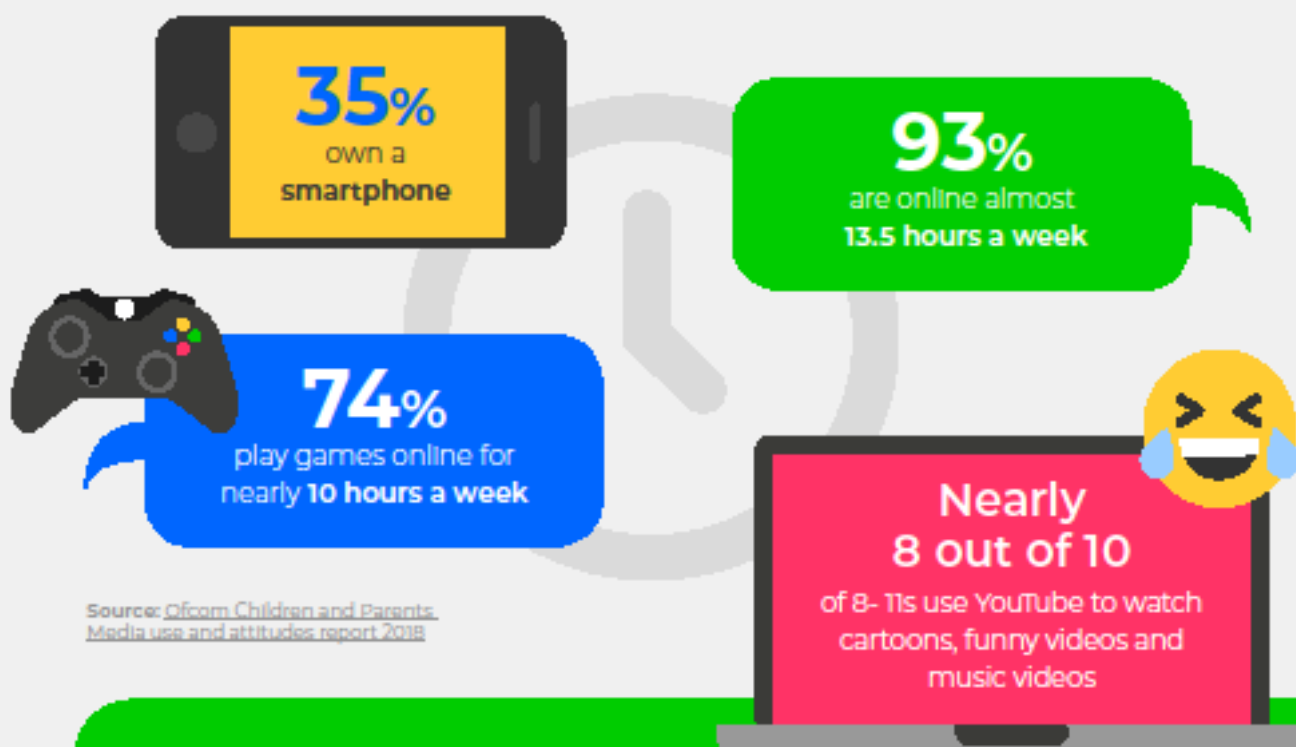
# Balancing screen time

## Top tips to support children aged 7-11 (Key stage 2)

Typically at this age children will start to be more active online so it's important to equip them with the tools to strike a healthy balance between the time they spend on and offline, especially as they start to get their own devices.



### How are children using screens?



Source: [Ofcom Children and Parents  
Media use and attitudes report 2018](#)

### What parents tell us

#### Screens are good for creativity

Nearly 7 out of 10 parents believe that using devices gives children another way of being creative for example a child who enjoys dancing, sharing a new routine online with family and friends.

#### Screens' impact on physical wellbeing

Nearly half of parents in the UK are worried their children are spending too much time online – with the majority believing it is causing their kids to lead a sedentary lifestyle lacking in physical exercise.