



# Newsletter 2

Newsletter Date  
Friday 11th Oct 2019



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*Learning & achieving together*

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## Join us on Facebook!

Keep up to date with all the latest goings on in school, updated regularly with pictures and news

[www.facebook.com/HeronParkPrimaryAcademy](http://www.facebook.com/HeronParkPrimaryAcademy)

# Attendance this week 95.4%

The target for attendance is 100%

Reception enjoyed a visit from the 'Bird Man' this week. The children welcomed a barn owl, a bald eagle and a falcon. The birds flew over the children's heads which delighted and excited them greatly!

We hope to invite the Bird man back soon for the older children to meet as well.



## ADD ON CLUB

Due to low numbers, Mr Griffiths & Mrs Dean will not be continuing on with Add On Club from November onwards.

This means all After school clubs will finish at 4:15pm.

Thank you



The girls football team have reached the regionals for the five time running!  
They lost their final match this week to the eventual winners but scored a place at regionals.  
Fingers crossed they bring home the trophy!

## HELLO PARENTS AND CARERS

DO YOU FIND THINGS DIFFICULT SOMETIMES?

IS LIFE A CHALLENGE AT TIMES?

**YOU ARE NOT ALONE**

AURORA ACADEMIES TRUST WANT TO HELP YOU

This year we will be arranging different activities, events, meetings and training to help you with your own mental health and well-being

**TRY IT!**

'Britain Get Talking' is a new campaign seen on TV. Try turning everything off at home, sitting together and just talking and listening. Try asking 'What's going on with you?' or 'What's the best thing that has happened today?' Let us know how it goes!

LOOK!!



Check out this online, lots of great ideas for all the family

Search: **Every mind matters**



### INFORMATION FOR YOU

Recovery College is for adults and covers a wide range of courses all are FREE! There are courses in East and West Sussex, Brighton and Hove.

Some examples are Living with bipolar, Living with anxiety, Wellbeing in the Wild, Printing, Understanding psychosis AND MANY MORE!!!

You can find out more at [www.sussexrecoverycollege.org.uk](http://www.sussexrecoverycollege.org.uk)

Schools have a full timetable of all courses available please ask at the office. Hope you find them helpful!

DATE	EVENT
Friday 18th Oct	Paragon Event Years 1-6 in Class 2-2:45pm
Friday 25th Oct	Last of Term 1
Monday 4th Nov	First day of Term 2
Thursday 14th Nov	Children in Need day
Friday 15th Nov	AAT INSET DAY
Friday 22nd Nov	Non-uniform day- donations for Christmas fair please.
Friday 29th Nov	Paragon event in class. Years 1-6. 2-2:45pm
Thursday 5th Dec	Christmas Fair. 3:15pm to 4:30pm
Thursday 12th Dec	Christmas Disco. Times TBC
Tuesday 17th Dec	Nativity for KS1
Tuesday 17th Dec	KS2 Christmas concert - after school.
Wednesday 18th Dec	Nativity for KS1
Friday 20th Dec	End of Term 2.



Paragon Event  
Friday 18th  
October  
2pm  
Years 1 to 6  
In classrooms.



Flu forms must be returned by next Friday please.

Please note some dates are still to be agreed. All events are subject to change but we will endeavour to let you know in good time.

A full list of term dates can be found on our website.